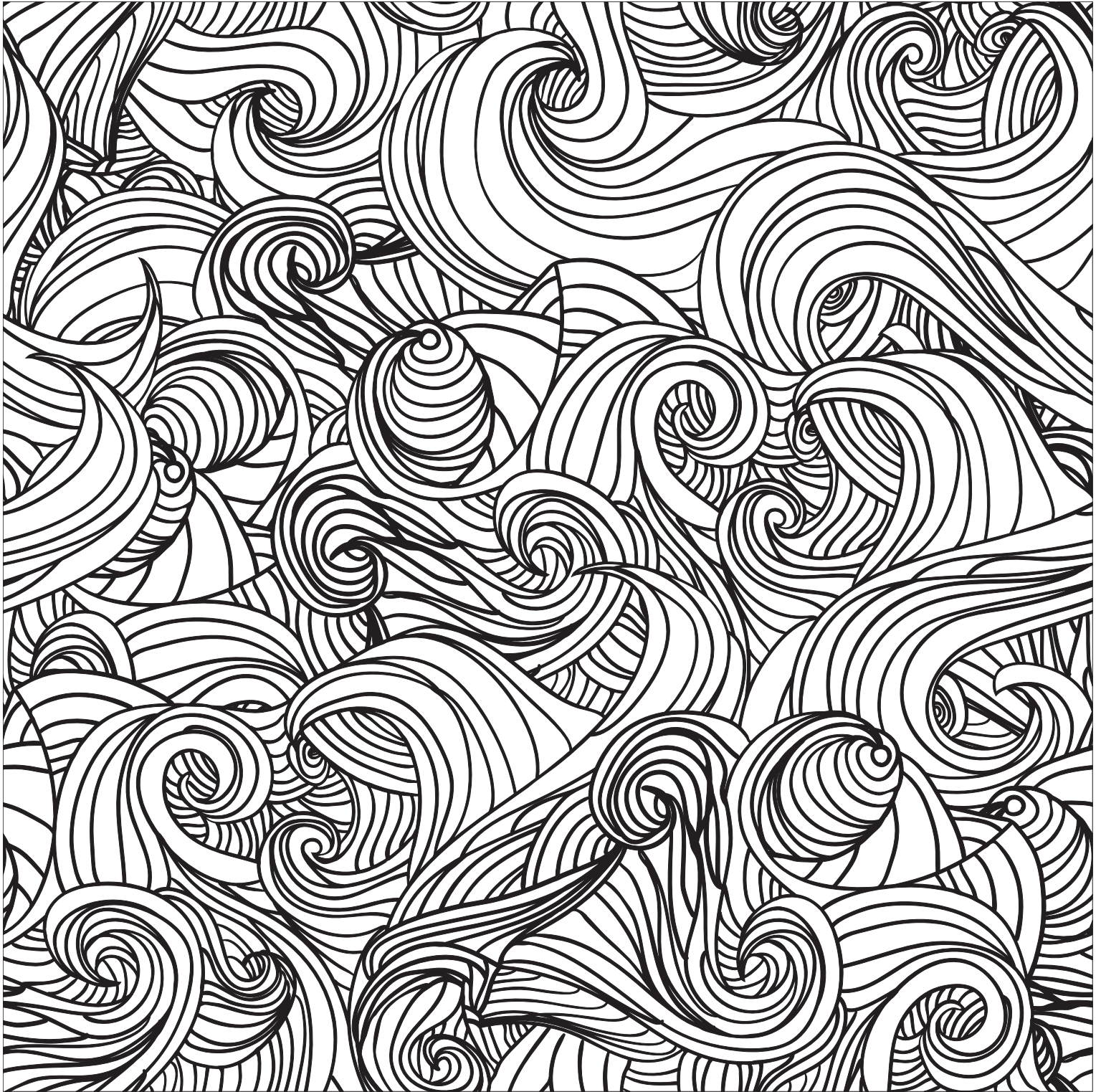


# Riding The Wave

When a wave of emotion hits you, sometimes it helps to ride it out with a distraction like coloring.



YOUR Life YOUR Voice

[www.yourlifeyourvoice.org](http://www.yourlifeyourvoice.org)